

Books and Booklets

For Young Children (Ages 4 to 8)

A Day with Dr. Waddle by the Center for Basic Cancer Research. KSU Center for Basic Cancer Research, 1988.

Feelings by Aliko. Mulberry Books, 1986.

Kemo Shark by H. Elizabeth King, Diane Williford Steele (Illustrator). Produced by KIDSCOPE, 1995. Available free at www.kidscope.org.

Life Isn't Always A Day At The Beach: A Book for All Children Whose Lives Are Affected By Cancer by Pam Ganz. High Five Publishing, 1996

Michael's Mommy Has Breast Cancer by Lisa Torrey et.al. Hisbiscus Press, 1999.

My Book About Cancer: A Workbook to Help Children Deal with the Diagnosis of a Mother with Cancer by Rebecca Schmidt. Oncology Nursing Society. Call 1-866-257-4667 or www.ons.org.

My Mommy Has Cancer by Carolyn Parkinson. Park Press, 1991.

Once Upon A Hopeful Night by Risa S. Yaffe, Troy Cramer (Illustrator). Oncology Nursing Press, 1998. Download for free at www.cancersourcekids.com or purchase at Barnes and Noble.

Paper Chain by Claire Blake, Eliza Blanchard and Kathy Parkinson. Health Press, 1998.

Promises by Betsy Lewin (Illustrator) and Elizabeth Mahony Winthrop (Author). Clarion Books, 2000.

Sammy's Mommy Has Breast Cancer by Sherry Kohlenberg and Lauri Crow. Brunner/Mazel, 2001.

Tickles Tabitha's Concertankerous Mommy by Amelia Frahm, Elizabeth Schultz (Illustrator). Nutcracker Publishing, 2001.

What Is Cancer Anyway? Explaining Cancer to Children of All Ages by Karen L. Carney. Dragonfly Publishing, 1998.

When Eric's Mom Fought Cancer by Judith Vigna. Albert Whitman and Co., 1993.

When Mommy Is Sick by Ferne Sherkin-Langer. Albert Whitman and Co., 1995.

For Older Children (Ages 9 and older)

Breast Cancer: Questions and Answers for Young Women by Carole Vogel. Twenty-First Century Books, 2001.

Less Than Perfect by Louise Albert. Holiday House, 2003.

Moms Don't Get Sick by Pat Brack. Melius Publishing, 1990.

Our Mom Has Cancer by Adrienne Ackermann, Abigail Ackermann. American Cancer Society, 2001.

Our Family Has Cancer, Too! by Christine Clifford. Sagebrush Bound, 1997.

The Hope Tree: Kids Talk About Breast Cancer by Laura Numeroff and Wendy S. Harpham, M.D. Simon and Shuster, 2001.

The Rainbow Feelings of Cancer: A Book for Children Who Have a Loved One With Cancer by Carrie Martin, Chia Martin. Hohm Press, 2001.

The Year My Mother Was Bald by Ann Speltz, Kate Sternberg (Illustrator). Magination Press, 2003.

What About Me? A Booklet for Teenage Children of Cancer Patients by Linda Leopold Strauss. Cancer Family Care, Cincinnati, OH, 1986. Available locally at the Burger King Cancer Caring Center (412) 622.1212.

Helping Children Understand Death

Lifetimes: The Beautiful Way To Explain Death To Children by Bryan Mellonie and Robert Ingpen. Bantam Books, 1983.

Nana Upstairs & Nana Downstairs by Tomie de Paola. Puffin Books, 1973.

The Fall of Freddie the Leaf by Leo Buscaglia. Slack, Inc., 1982.

"Why Do People Die?" Helping Your Child Understand – with Love and Illustrations by Cynthia MacGregor. Carol Publishing Group, 1999.

For Parents

Can I Still Kiss You?: Answering Children's Questions About Cancer by Neil Russell. Health Communications, 2001.

Cancer in the Family: Helping Children Cope with a Parent's Illness by Sue P. Heiney (Ed.), Joan F. Hermann, Katherine V. Bruss, Joy L. Fincannon. American Cancer Society, 2001.

Cancer Lives At Our House – Help for the Family by Beatrice Hofman Hoek, Baker Book House Company, 1997.

Helping Your Children Cope with Your Cancer: A Guide for Parents by Peter Van Dermoot. Hatherleigh Press, 2002.

How to Help Children Through a Parent's Serious Illness by Kathleen McCue and Ron Bonn. Diane Publishing, 1994.

Talking To Your Children by the Susan G. Komen Breast Cancer Foundation. Available at 877.745.7467 or www.komen.org under Educational Materials.

What's Happening to Mom? Helping Children Cope with Breast Cancer by the Susan G. Komen Breast Cancer Foundation, 1999. Available at 877.745.7467 or www.komen.org under Educational Materials.

When a Parent Has Cancer: Guide to Caring for Your Children by Wendy S. Harpham, M.D. Harper Collins, 1997

Websites

www.cancer.gov

The National Cancer Institute's Cancer Information Service website. Provides free publications on many cancer-related topics, including help for parents and children. Spanish and English. 800.4CANCER

www.cancer.org

The American Cancer Society website with information and support groups to help parents and children cope with cancer. 800.ACS.2345

www.cancersourcekids.com

Created by CancerSource.com and the Association of Pediatric Oncology Nurses. Provides art activities, coloring, puzzles, etc. in age-specific areas.

www.fightingspirit.org

Created by breast cancer survivors for breast cancer survivors in conjunction with Magee Women's Hospital/UPCI Breast Program in Pittsburgh. Provides resources and support, including a section on Coping Within the Family and Help for the Children.

www.gillettecancerconnect.org

Sponsored by the Gillette Women's Cancer Connection. Resources and links for kids and teens, e.g. How to Talk to Your Mom, Questions You Might Ask, What to Tell Your Friends, plus real life stories by other kids.

www.kidshealth.org

KidsHealth is a project of the Nemours Foundation, which is dedicated to improving the health and spirit of children. Provides answers for kids to commonly asked questions about breast cancer in the "Health Problems of Grown-Ups" section.

www.kidsconnected.org

Provides friendship, understanding, education and support for kids who have a parent with cancer. Includes Frequently Asked Questions, Chat Room, links to other resources, quotes/stories from readers, and a 24-hour hotline for kids at 949.582.5443.

www.kidscope.org

Resources to help children and families understand the effects of cancer and chemotherapy on a loved one. Provides suggestions for coping and communicates a message of hope to families enduring this crisis. Available on the website is "Kemo Shark", a comic book to help children to understand chemotherapy (Spanish and English). Also available is a video entitled "My Mom Has Breast Cancer – A Guide for Families".

www.komen.org

The Susan G. Komen Breast Cancer Foundation website with information and resources about breast cancer for patients, families and children.

www.pittsburghraceforthecure.org

The Pittsburgh Race for the Cure website with information about the local Komen Race for the Cure, Kids for the Cure and Teens for the Cure programs and other local events. The Kids for the Cure option includes Frequently Asked Questions about Breast Cancer for children and Tips for Helping Children Cope with Breast Cancer in the Family.

www.thewellnesscommunity.org

Provides support to cancer patients and children. The Wellness Community can be reached at 888.793.WELL.

www.y-me.org

The Y-ME National Breast Cancer Organization website provides resources and information about breast cancer and treatment, including a section on How to Talk to Your Children . 800.221.2141 (English) 800.986.9505 (Spanish)

Local Support Groups for Children of Cancer Patients

Burger King Cancer Caring Center.

4117 Liberty Avenue, Bloomfield. 412.622.1212 . The Center offers age-specific, short-term support groups for children and adolescents affected by a family member's cancer.

Good Grief Center for Bereavement Support.

510 Tenth Avenue, Munhall, PA 15120. 412.461.1776 or 1.888.GRIEF88. Comprehensive services including walk-in and phone support, extensive listing of community-based grief support groups, therapists, programs and a large lending library.

The Caring Place – A Center for Grieving Children, Adolescents and Their Families. Downtown Pittsburgh. 1-888-224-4673. Provides peer support for children and their families who have experienced the death of a loved one.

Kids for the Cure® is a program of the Pittsburgh Affiliate of the Susan G. Komen Breast Cancer Foundation. Kids for the Cure® raises awareness and support among children in kindergarten through sixth grade in the fight against breast cancer. For more information, please contact the Pittsburgh Race for the Cure, 1620 Murray Avenue, Pittsburgh, PA 15217. 412.521.2873. www.pittsburghraceforthecure.org

Pittsburgh Kids for the Cure®

Resources for Children and Parents

